

PLACES TO GO, THINGS TO DO

Campus

Argiro Student Center. (formerly location of Learning Center). This 50,000 sq. ft. student center was completed in 2008. It features a large reception area, 3 dining rooms, student cafe, bookstore, student lounge, dance center, lecture hall & classrooms. The building incorporates many principles of Vedic architecture. It also is extremely energy efficient and includes day lighting, non-toxic and natural building materials.

Sustainable Living Building sets a “new global standard for green buildings” by incorporating local building materials and being completely energy self-sufficient and its LEED Platinum certified!! It was designed for classrooms for the sustainable living program and other outreach programs.

MSAE. The accredited K-12 school (1974) offers unique consciousness-based education. Facilities include computer labs, art rooms, digital and conventional photography lab, library, cafeteria and Assembly Hall. The Field House continues as the site for PE classes. Behind the school is a 4100 sq. ft. three-seasons greenhouse that grows organic foods and provides the vegetables for cooking & sustainability classes in the MSAE student kitchen.

Domes. Built in 1978 and 1980, the Golden Domes continue as the place for group practice of the Transcendental Meditation and TM-Sidhi® programs.

MUM Recreation Center (1980) is a popular 60,000 sq. ft. recreation building. It has 4 tennis courts, 6 pickleball courts, weight room, indoor walking track, basketball courts and more. On Saturday the 7th between 2-4 the entrance fee is free with your alumni badge. Enjoy a tennis game or take a pickleball lesson with one of our seasoned pickleball players.

Dome Market (1981) is a small, organic market north of the Ladies Dome. It carries local produce, organic products, MAPI products and pretty much everything you need from a grocery store including cafe upstairs for vegetarian lunch and dinner.

MUM Unity Gallery. Don't miss the **History of the Movement** with the special emphasis on the classes of 77-79. It also includes some of the never been seen archives of Jerry and Debbie Jarvis. Open Saturday, Sept 7th, 9am -12pm. Call Therese Gibson, 760-420-2293, for private showings.

Downtown Square Area

Coffee and Food

Cafe Paradiso. 101 N Main St. This is our favorite morning gathering spot. Cafe P was voted best coffee for 7 years in a row. They take coffee seriously. Any morning of the week you can enjoy meeting old and new friends over a cup of Java & pastries. On the weekends it becomes a

lively music venue where a variety of specially picked musicians from all over the country come to perform.

Hazel Moon Cafe. 115 N Main St. This is a newish place up the street from Cafe P who serve organic fair trade espresso, non GMO treats and displays local art.

Bountiful Bakery Off square. 303 S Main St. OH YUM !! Don't miss this place. Very serious bakers serve hot out of the oven artisanal pastries with both vegan, gluten free options.

Revelations. 112 N. Main St. Revs has been a favorite gathering place for locals and out-of-towners for 25 years. Enjoy coffee, chai & pastries every morning except Sunday. Lunch menu is awesome including their famous wood fired pizza!

Asian Pho Bistro. 110 Burlington. Open 11:30am - 2:30 pm & 5:30pm - 8:30 pm

Shokai Sushi. 101 W Broadway.

Ila's Restaurant. 116 Main St. closed Mon. & Tues. Sunday brunch, lunch & dinner

Indian Cafe. 50 S Burlington. Open everyday, 11:30am - 9pm

Everybody's 501 N 2nd St. Since 1995, this whole food market has provided high quality organic and non-organic food products, supplements, and locally sourced vegetables. Enjoy the great breakfast, brunch and lunch options from Everybody's Cafe. Enjoy your food on the front deck with friends. Don't forget to try organic soft serve ice cream from Radiance Dairy.

Blg Schwilly's Chicken Dilly, 102 N 2nd St. Owned by an MSAE grad, Willy Schultz, this new restaurant offers casual home-style dining experience with some outside seating. They serve soulful cocktails, locally crafted cider, and signature fried chicken, burgers and veggie dishes.

Cider Works, 1839 - 200th St. This is a wonderful family oriented outdoor venue with picnic tables, food truck, tap room and their own locally brewed cider. Grab some friends and enjoy the really laid back atmosphere. Watch the kids run around or and play a rigorous games of corn hole. Open Thursday, Friday & Saturday 5 pm - 11pm. Owned by MSAE graduates.

Cider House, 1949 Pleasant Plain Road, is a stunning Event Venue with 33 acres of prairie views over looking a 2 acre pond. The taproom with is crystal chandelier and their outdoor patio is friendly place to gather weekdays from 4-8 to enjoy their very own house-made cider and designer cocktails. Owned by MSAE graduates.

Retail

Health & Wholeness (MAPI), 52 S. Main, has been serving the health and wellness needs with the best Ayurvedic products for 25 years. Products are made from authentic Ayurvedic ingredients, meticulously blended to deliver maximum nourishing and balancing effects. Show your reunion badge and receive a 20% discount available only for the Reunion weekend.

At Home Store, 52 N Main, is a family owned store filled with beautiful gifts and practical items for your home. Its also a great place to find top quality yarns, unique children' books and toys as well. Peek in some evening and you might see Rosie, the owner, teaching a knitting class in a circle of vigorous knitters. Bring your badge for a 15% discount over the reunion weekend.

Thymely Solutions. 104 N Court St. Health Products, flower essences, homeopathic remedies, CBD products and gifts. Bring in your badge and receive 10% discount.

Kim's Cottage, west side of square is a wonderful gift shop with an eclectic array of products. Meet owner, Missy. She has generously offered a 10% discount to badge toting reunion alums.

Nature & Exercise

16-Mile walking & biking trail (since 1997). Ron Blair was the guiding force who inspired this community project in collaboration with Fairfield Park & Rec and the County Conservation board. The closest place to enter is at the trail head and parking lot on North B Street at Granville Street directly across from MUM campus. Check the kiosks at different spots along the trail for a map and trail info. This beautiful Loop trail connects major green spaces including Chatauqua Park, Lamson Woods, Whitham Woods and Jefferson County Park.

Waterworks Park was not open for swimming in the 70s. But now it is!! Its located off North B Street and open everyday for swimming, hiking, grilling and picnicking.

Roosevelt Center & Cambridge SportsPlex, 1000 W. Burlington Avenue. Indoor and outdoor pools, walking track, weight & exercise rooms, pickleball, basketball.

Jefferson County Park's 227 acres of a wonderful variety of terrains for hiking, biking, camping & picnicking. Enjoy the ponds, playground, volleyball court, and the many picnicking and grilling spots with covered sheds.

Interesting places to see and do!

Maasdam Barns 2224 Iowa HYW 1 South. Enter the Jefferson County hospital parking lot and immediately turn left. These are three historic barns, now museums, with displays, photos, artifacts, and stories about the Maasdam family history. Preservation began in 2005 to restore the Evergreen Ridge Stock Farm which had been a significant early 20th century draft horse breeding business. Open Tuesday through Thursday 1-4, and Saturday 10-4.

Ideal Energy is building one of Iowa's largest solar arrays to serve the MUM's energy needs. The 1.1 maga- watt array is over 200 times the size of a typical residential array and will cover 5 acres of land adjacent to campus. Owners are MSAE and MUM grads.

The Raj. 1734 Jasmine Ave. A premier Ayurvedic Center for over 25 years. By only accepting 15 clients at a time, it maintains the highest quality of individual service and treatment. Its

Ayurvedic doctors give consultations and recommend Ayurvedic health procedures. Enjoy a wonderful, organic, vegetarian lunch on Sundays with reservations.

Creative Edge Master Shop founded by MIU original Jim Belilove, is a world class art and architectural waterjet fabrication operation in Fairfield, with elaborate installations in Times Square NYC, and Disney World entrance. Call owner Jim (641-929-7386) who may be able to show you around on Friday and Saturday.

North Campus Village is the largest Maharishi Vastu community in the USA. Developed by Vastu Partners, all homes incorporate principles of the ancient system of Vastu design and construction. Homes range in size from 800-2600 sq. ft. Join the Open House on Sunday, Sept. 8th from 1:30-3pm at the home of Jon Lipman at 1971 Sunrise Drive. Jon is the Chief Vastu architect for North America; phone 641-472-0015. Visit www.maharishivastu.org.

Sondheim Center (2007) The Sondheim Arts & Convention Center springs from a collaborative community-based project. Named after Stephen Sondheim, a celebrated composer and lyricist, this event center offers a world of art & culture from the performing arts to an annual Christmas craft show. It features a 522-seat theater, large reception hall, expo hall, conference rooms and an authentic Ethiopian restaurant and juice bar.

Cado is a family-run business created in 2015 by Jack, Meghan and Debbie Dowd. They were inspired to create a dairy free ice cream that tastes just like ice cream but with better ingredients and better nutrition. Look to find their 7 flavors in over 4000 stores nationwide, including Whole Foods, Target and Walmart stores. Cado is the first dairy-free ice cream made from avocado. There's no dairy, soy, or coconut -- just creamy good fat from avocado in these pints. The Dowd family has generously donated a few flavors of their ice cream to the Sunday brunch

Fairfield & TM Information Center at 110 North Main Street: Its mission is to provide visitors and locals with information about the beautiful town of Fairfield, Iowa. A one-stop Welcome Center for information about what's around town. Stop in for a cup of tea, maps, brochures and a friendly chat or get your meditation checked. Open Tuesday – Saturday, 10:00 am to 4:30 pm. Ph: 641 209-7060

Radiance Dairy. Founders Francis and Susan Thicke bought this organic, pasture-based dairy farm in 1992. They process their own products on the farm: organic milk, jack cheese and yogurt. Find their products at Everybody's grocery, HyVee, and the Dome Market.